

WHAT'S ON THE MENU? MARITIME ACADEMY: FEBRUARY SNACK

Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 2/3				
Low Fat Chocolate				
Milk	100 % Fruit Juice	Low Fat White Milk	Chilled Pears	Apple Juice
Week 2 2/10	Warm Strawberry	Rainbow Yogurt	Colby Cheese Cubes	
cake Wraps	Cream Cheese Bagels	Bug Bites Cinnamon	Mixed Fresh Fruit	
		Graham Crackers	Platter	
		Low Fat White Milk		
Low Fat Chocolate			Chilled Pears	Apple Juice
Milk	100 % Fruit Juice			
Week 3 2/17				
Low Fat Chocolate				
Milk	100% Fruit Juice	Mandarin Oranges	Chilled Pears	Apple Juice
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BREAKFAST: A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and choice of milk. Milk choices include 1% white and skim chocolate.





WHAT'S ON THE MENU?

Please update the bottom of each menu with the Food Focus of the Month as applicable to your menus:

